



Restoration Advisory Board Meeting Safety Minute

Presented by:
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The Legend of the Lucky Wishbone

- An oddly-shaped forked bone that is the fusion of two clavicles called the furcular - located right between the neck and breast of a bird.
- Ancient Romans were the first to see the wishbone as a symbol of luck, which eventually turned into the tradition of actually breaking it apart. As the Romans traveled through Europe, they brought this tradition with them, and the English eventually adopted the practice too.
- The tradition of breaking a turkey wishbone started with the Pilgrims, and the term of a wishbone was created in United States in the mid 1800s.





Wishbone Safety

- Remove – Professional chefs recommend carefully cutting around and removing wishbone first (before roasting) – makes carving meat easier since the awkwardly-shaped bone is removed and you will not have to work around it.
- Dry - The bone must be completely dry and brittle before it will snap, which can take a few days
- Wish – Get a friend, make a wish and snap! Hopefully you get the longer piece and your wish will come true.



THANK YOU!

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